

# Senior Girl Scouts

## Autumn Ranger Weekend

**When:** Saturday & Sunday, October 27-28  
**Time:** Sat. 9 a.m.-3 p.m. (optional overnight)  
Sun. 9 a.m.-12 p.m.  
**Where:** Johnson Creek Campground  
Murphysboro, IL  
**Cost:** \$6/girl (Includes each day and overnight)  
\$2 for adults staying the night (days are free)  
**Min/Max:** 10/50  
**Badge Link:** Get with the Land Patch  
**Registration Deadline:** October 13

Work with rangers from the US Forest Service to maintain and build trails near Murphysboro. Girls also receive the "Get With the Land" patch. Free camping is available with evening activities at Johnson Creek Campground. Girls need to bring long pants, boots or sturdy shoes, long sleeved shirt and lunch for Saturday and Sunday. Those choosing to camp can participate in a night hike, games, s'mores and Halloween fun. Campers need to bring and cook their own food. Some camping equipment is available for check-out. Don't forget a costume for the costume contest! Troops can attend Saturday only, Sunday only, Saturday and Sunday day only or choose to camp all weekend. Please indicate camping preferences on registration form.

## Fall Fest

**When:** Sunday, November 4, 2007  
**Time:** 2 p.m.-6 p.m.  
**Where:** Camp Cedar Point  
**Cost:** \$4/person  
**Min/Max:** 100/250  
**Registration Deadline:** October 22

All Girl Scouts and their families are welcome to come celebrate the cooler weather with us! We will have hayrides, campfires, s'mores, games, songs and treats at Camp Cedar Point! In honor of our 95th anniversary, we will be distributing 95 trees on a first come, first serve basis. To receive a tree Girl Scouts will be asked to fill out a form describing their tree care/site selection plan. We hope the trees will be used to educate everyone about preserving life and the important role trees play.

## Health Ambassador Training

**When:** Ongoing; First Meeting will be in December  
**Cost:** \$2  
**Registration Deadline:** November 21

Are you a Senior Girl Scout interested in:

- Health-Related career opportunities?
- Learning more about the topics of healthy lifestyles and disease prevention?
- Working in you local community to educate others and help put together fun programs?
- Gaining leadership training and experience that looks great on a college application?

If the answer is yes, this program is for you! Become a Girl Scout Health Ambassador, meeting regularly to discuss topics important to you and be trained to pass on the knowledge to others. The cost covers facility tours, speakers, interactive sessions and more! This ongoing group will assist with a council-wide health walk event in the spring.



## Past, Present & Future

**When:** Saturday, March 1, 2008  
**Time:** 10 a.m.-2 p.m.  
**Where:** Southwestern Illinois College (SWIC)  
Belleville Intramural Gym  
Belleville, IL  
**Cost:** \$5/girl (Includes snack and patch)  
Troop Leaders/Adults are free  
**Min/Max:** 50/250  
**Registration Deadline:** February 7, 5 p.m.

Join Girl Scouts of River Bluffs Council for a Women's History Event sponsored by the Career Activities and Employment Center and the "Herstory" committee from SWIC. Activities will include:



**Past**-Jeopardy-style trivia game about women and/or girls who have played an important role in history and at the present time.

**Present**-A session on self-defense and other activities to promote good held and well being.

**Future**-Explore your future career in this session. Learn about a variety of careers from women who presently hold these jobs.

This is a troop event. Safety-Wise ratios must be followed! Participants need to bring a sack lunch and wear loose comfortable clothing. **Mail registration forms to: Girl Scouts of River Bluffs Council, #4 Ginger Creek Parkway, Glen Carbon, IL 62034.**

## Happy Birthday Girl Scouts!

**When:** Friday, March 7-Saturday, March 8  
**Time:** Check-In 5 p.m.-6 p.m. Friday to 10 a.m. Saturday  
**Where:** St. Louis Science Center  
**Cost:** \$32  
**Min/Max:** 100/300  
**Registration Deadline:** January 15

Celebrate the Birthday of Girl Scouting at the St. Louis Science Center! Girl Scouts of River Bluffs Council has invited GSSC to an overnight at the Science Center. More information to come! **Contact Girl Scouts of River Bluffs Council at (800)345-6858 with specific questions. Mail registration forms to: Girl Scouts of River Bluffs Council, #4 Ginger Creek Parkway, Glen Carbon, IL 62034.**

## Underwater Wonders

**When:** Saturday, March 8, 2008  
**Time:** 9 a.m.-12 p.m. or  
1 p.m.-4 p.m.  
**Where:** West Frankfort Aquatics Center  
**Cost:** \$29/girl  
**Min/Max:** 10/20 per session  
**Registration Deadline:** February 16

Try SCUBA during this introductory workshop designed to help girls feel comfortable using SCUBA gear and practicing diving in a warm pool environment. Bring a swimsuit and towel. Please specify first and second session choice. **NOTE: Students will need a signed dive physical prior to class and may require a brief orientation prior to March 8. This event is for Girl Scouts ages 12 and older.**

**NEW!**

**HLI**

## Geocaching Scramble IV

**When:** Saturday, March 15, 2008  
**Time:** 1 p.m.-3:30 p.m.  
**Where:** Foundation Park  
Centralia, IL  
**Cost:** \$4  
**Min/Max:** 30/75  
**Badge Link:** Hi-Tech Hide & Seek IP  
**Registration Deadline:** February 22

Learn how to use GPS receivers for hiding and finding treasures all over Girl Scouts of Shagbark Council. This event is held completely outdoors. Please dress appropriately.

**PA**

## Canoe Adventure

**When:** Saturday, April 19, 2008  
**Time:** 1 p.m.-4:30 p.m.  
**Where:** Touch of Nature Environmental Center  
Makanda, IL  
**Cost:** \$21/girl  
**Min/Max:** 12/50  
**Badge Link:** Paddle, Poll & Roll Interest Project  
**Registration Deadline:** April 1

Work with the staff at Touch of Nature to practice your canoe strokes and then set off on a journey through Little Grassy Lake. Girls need to bring sunscreen, water shoes and a change of clothes.

**NEW!**

**HLI**



## Camp Care Day

**When:** Saturday, May 3, 2008  
**Time:** 1 p.m.-5 p.m. (with optional sleepover)  
**Where:** Camp Cedar Point  
Camp Whispering Oaks  
**Cost:** \$2/girl-day only  
\$5/girl-day and sleepover  
\$2/adult if staying overnight (day free)  
**Min/Max:** 25/100 per site (75 for overnight)  
**Registration Deadline:** April 21

Help get the camps set up and ready for the summer camping season. Possible activities include raking leaves, trail maintenance, cleaning, painting, etc. Evening activities for groups staying the night (groups need to bring and prepare their own food). Participation Patch included. Please indicate whether registering for day only or overnight on the registration form.

PA

## Resident Camp Open House

**When:** Saturday, May 17, 2008  
**Time:** 1 p.m.-4 p.m.  
**Where:** Camp Cedar Point  
Makanda, IL  
**Cost:** FREE!  
**Min/Max:** N/A

Take a tour of camp, meet staff, ask questions and have a s'more! Open House allows girls and their families to get the feel of camp before it's time to go. Girls can even register for camp! Pre-camp physicals available. Please call for an appointment. No registration necessary for Open House.

## Girl Scout Day at the Capitol

**When:** Wednesday, May 7, 2008  
**Time:** TBD  
**Where:** Springfield, IL  
**Cost:** \$25  
**Min/Max:** 40/100  
**Registration Deadline:** TBD

Girl Scout Day at the Capitol is a state-wide rally for all Girl Scouts. We will march to the capitol and then have time to meet with law makers and explore the sights. Bring a lunch or money to eat during the day. More information to come! GSSC can provide letters to school principals upon request to excuse student for this unique opportunity.

## Birthplace Bound

**When:** Monday, June 30-Thursdays, July 3, 08  
**Time:** Bus departs from and returns to Mt. Vernon Service Center  
Departs: 6 a.m.  
Returns: 8 a.m.  
**Where:** Savannah, GA  
**Cost:** \$350/girl (Full amount due March 1, 2008)  
**Min/Max:** 30/40  
**Financial Assistance:** Girls are encouraged to participate in the Fall Product Program  
**Registration Deadline:** Registration must be received by December 15 along with a \$100 deposit.

Senior Girl Scouts will be travelling by bus to the birthplace of Girl Scouts founder, Juliette Gordon Low. Ladies will spend two full days in Savannah exploring, shopping, sightseeing and dining. We'll also visit Tybee Island and explore the ocean-side. Participants will be sent a packing list after registration. Hotel accommodations are included; however, participants need to bring some spending money. Interested chaperones can contact Alissa at the Mt. Vernon Service Center. All participants must have a current physical on file. This event is for girls entering 8th grade and older.



# Leadership Development

(Open to girls in 7th grade and above)

## Program Aide Core Training

**When:** Saturday, November 17, 2007  
**Time:** 9:30 a.m.-4:30 p.m.  
**Where:** Camp Cedar Point &  
 Camp Whispering Oaks  
**Cost:** \$4/girl  
**Min/Max:** 5/20 (each location)  
**Badge Link:** Girls earn their PA pin  
**Registration Deadline:** October 22

Become a Program Aide and learn about how you can help lead programs for Girl Scouts. You will learn techniques for working with younger girls, safety guidelines, developmental characteristics, name games, and qualities of a good leader. After completing this core course, you have the opportunity to participate in "specialty" trainings like fun science, GPS, crafts and challenge course. You will need to spend 25 hours working with younger girls to complete the program. You can fulfill your hours with a troop or at council events like Junior Program Bazaar, BrownieFest, Fall Fest, and even Family Camp. After you complete your service hours, you will earn a PA patch. Individual registrations welcome. **This program is for Girl Scouts in the 7th grade and up.**

**NEW!**



## Program Aide Specialization Workshops

(Open to trained Program Aides and Adult Volunteers)

### Healthy Try-It Discovery Day Training

**When:** Saturday, December 15, 2007  
**Time:** 9:30 a.m.-12 p.m.  
**Where:** Mt. Vernon Service Center  
**Cost:** \$2/PA or Adult  
**Min/Max:** 5/10  
**Registration Deadline:** November 30

Learn how to work with Brownie Girl Scouts and help them to complete a Try-It program successfully. Participants will also learn how to use some of GSSC's new kits in assisting Brownies. Finally work with a troop or service unit to complete a Try-It Badge! Individual registrations welcome.

**HLI**

### Health Ambassador Training

This ongoing Ambassador program is open only to Senior Girl Scouts. Please see page 23 for more information.

## Daisy Discovery Program Aide Training

**When:** Saturday, January 19, 2008  
**Time:** 9 a.m.-12 p.m.  
**Where:** Vienna, IL OR  
Mt. Vernon Service Center  
**Cost:** \$2/PA or Adult  
**Min/Max:** 5/10 per site  
**Registration Deadline:** January 4

Want to begin working with the youngest Girl Scouts? This training will give PAs the tools to help run a program for Daisy Girl Scouts. Individual registrations welcome.

## Songs, Games and Crafts Training

**When:** Saturday, January 26, 2008  
**Time:** 9 a.m.-2 p.m.  
**Where:** Camp Cedar Point  
**Cost:** \$5/PA or Adult (Bring a lunch)  
**Min/Max:** 5/10  
**Registration Deadline:** January 4

This training gives PA's the skills to work with any group. Young ladies will get to learn some cool new games, take home some easy-to-teach crafts and learn all the songs you thought you forgot! Individual registrations welcome.

## GPS Training

**When:** Saturday, March 15, 2008  
**Time:** 10:30 a.m.-12:30 p.m.  
**Where:** Foundation Park  
Centralia, IL  
**Cost:** \$2/PA or Adult  
**Min/Max:** 5/10  
**Registration Deadline:** February 22

Learn how to train others to use GPS technology and practice Geocaching. PAs will be able to help at Geocaching events, including the one held after the training. Ladies are encouraged to stay for the Geocaching Scramble Event beginning at 1 p.m.. Bring a lunch if staying. Individual registrations welcome.

## Teambuilding Training

**When:** Saturday, April 5, 2008  
**Time:** 9 a.m.-4 p.m.  
**Where:** Camp Cedar Point  
**Cost:** \$2/PA or Adult (Bring a lunch)  
**Min/Max:** 5/10  
**Registration Deadline:** April 25

Learn how to facilitate GSSC's mobile team challenge course. It's a teambuilding course and can be set up anywhere! Learn warm-up games to get groups working together and foster trust, communication and learning. Wear closed-toed shoes and layers; you are sure to get hot running around! Individual registrations welcome.

## Environmental Ambassador Training

**When:** Saturday, April 12-Sunday, April 13  
**Time:** TBD  
**Where:** Johnson Creek Campground  
Murphysboro, IL  
**Cost:** \$6/PA or Adult  
**Min/Max:** 5/25  
**Registration Deadline:** March 28

Become an Environmental Ambassador. Learn environmental games and how to teach them to others. Learn how to leave no trace while camping, lead a night hike and what environmental career opportunities exist today. You will also have the opportunity to work with rangers on a short service project. After completion, girls can take what they learned back to their community where they can assist at Camp Cedar Point, day camps, plan environmental activities and help to educate others. This is a great leadership opportunity and looks great on college applications! Individual registrations welcome.

**NEW!**

## Fun with Science Training

**When:** Saturday, May 17, 2008  
**Time:** 9 a.m.-12 p.m.  
**Where:** Mt. Vernon Service Center  
**Cost:** \$2/PA or Adult  
**Min/Max:** 5/10  
**Registration Deadline:** May 2

We'll explore how to use cool kits to teach about water, CSI, electricity, the body, chemistry and more! Practice setting up experiments and explaining how they work, then you can check-out the kits for use in your group or at an event! Individual registrations welcome.

# Teen Travel Adventures

Teen Travel Adventures is a series of bus trips designed just for Cadettes and Senior Girl Scouts who are interested in discovering new places and connecting with each other, all within a day's drive. Each destination has a different focus to allow each girl to try something new and explore varied interests. Girls can sign up for one, two, or all three trips. Register for each trip separately.

## Teen Travel Adventures to St. Louis

**When:** Saturday, December 8, 2007  
**Time:** Bus pick-ups: 8 a.m. Marion  
9 a.m. Mt. Vernon  
9:40 a.m. Nashville  
Drop-offs: 5:30 p.m. Nashville  
(approx.) 6:15 p.m. Mt. Vernon  
7:15 p.m. Marion  
**Where:** St. Louis  
**Cost:** \$55/person  
**Min/Max:** 40/50  
**Registration Deadline:** November 16

Travel to St. Louis for a shopping extravaganza. After shopping, everyone will attend a performance of the Nutcracker by the Joffrey Ballet at the Fox Theatre. Please wear/bring theatre-appropriate clothing (khakis are okay, try to avoid jeans and gym shoes). Participants need to bring spending money as well as money for lunch at the mall (\$6-\$9) or bring a lunch. Individual registrations welcome.

**NEW!**

## Teen Travel Adventures to Memphis

**When:** Saturday, February 23, 2008  
**Time:** Depart: 6 a.m. Mt. Vernon  
7 a.m. Marion  
Return: 9 p.m. Marion  
10 p.m. Mt. Vernon  
**Where:** Memphis, TN  
**Cost:** \$75/person  
**Min/Max:** 35/50  
**Registration Deadline:** January 25

In Memphis girls will visit Graceland, the home of Elvis, for a full tour, including his private jets and car museum! Then we'll head to the Pink Palace Museum, where participants will get a flavor of Memphis history and check out an IMAX movie in the International IMAX Training Center. Finally, we'll make a stop to see the Peabody Ducks walk the red carpet in the famous Peabody Hotel before heading home. Participants need to bring a lunch and money (\$6-\$9) to stop and eat dinner on the way home. Individual registrations welcome.

**NEW!**

## Teen Travel Adventures to Hannibal

**When:** Saturday, May 17, 2008  
**Time:** Departs: 6:30 a.m. Marion  
7:30 a.m. Mt. Vernon  
8:15 a.m. Nashville  
Returns: 7 p.m. Nashville  
7:45 p.m. Mt. Vernon  
8:30 p.m. Marion  
**Where:** Hannibal, Missouri  
**Cost:** \$55/person  
**Min/Max:** 35/50  
**Registration Deadline:** April 18

In this trip, girls will get to take a trip to historic Hannibal, MO where Mark Twain lived and created his infamous characters, Tom Sawyer and Huck Finn. We'll go to the Mark Twain Boyhood Home and Museum located in a historic neighborhood with other Main Street attractions. Then girls will hop aboard a riverboat tour on the Mississippi River. Finally, we'll take a tour of Mark Twain Cave named for the author who spent many hours exploring this adventurous place! Participants need to bring money for lunch on the riverboat (\$10) and spending money to stop for dinner on the way home (\$6-\$9). Individual girls registrations welcome.

**NEW!**