



Discover, Connect, Take Action Girl Scouts, Summer 2009

Use Program Event Registration Form unless otherwise indicated.
Deadlines are 10 days prior to scheduled event unless otherwise stated.

Girl Scouts Connect at Family Camp

Family Camp, the perfect get-away for Girl Scout families this summer! Enjoy a 3-day session jam-packed with swimming, hiking, campfires, songs and more.

When: July 31 – August 2, 2009.

Cost: \$35 per registered Girl Scout, \$45 non-members. Includes dinner and snack the first day, all meals second day, and breakfast the morning of departure plus event patch.

Location: Camp Cedar Point, Makanda, IL.

Accommodations: Choose platform tents, hogans, or bring your own tent.

Items to bring: Water bottle, bedding, toiletries, walking shoes, flashlight. Adults are responsible for their children at all times. (Please use Family Camp registration form from this issue.)



Girl Scouts Discover Leadership in the Out-of-Doors

Program Aids: Summer Leadership Specialty Workshops available for Girl Scouts 7th grade and up. During the Specialty Workshop, girls learn skills needed for facilitating activities for younger Girl Scouts. Girls explore their own learning, network with others, and gain hands-on practical experience and ideas. Workshops offered will include: **Being Crafty** (Arts and Crafts), **Got Game?** (International games), **Energize** (Action-oriented songs and games), and **Camp Favorites** (Camp songs and Discovery Hike).

When: Saturday, August 29, 10 a.m. – 2 p.m.

Cost: \$4/girl bring sack lunch and drink.

Location: Camp Whispering Oaks.

Min/Max: 8/15



Girl Scouts Discover History, Arts & Culture

Museum Passport Program is back! Visit two or more of the Girl Scout Museum Partners this summer and you can receive a special museum passport program patch. You must sign in with your name, troop number and date you visit to be eligible to receive the patch. Don't forget to thank the museum staff for participating in the **Girl Scout Museum**

Passport Program. Our feature museum partners for summer 2009 include: Jefferson County Historical Village, Mulkeytown Museum, Centralia Historical Museum, Saline Creek Pioneer Village, Franklin County Garage & Auto Museum, Superman Museum, and Cedarhurst Center for the Arts. Download the complete contact list of "Girl Scout Museum Passport Program Partners" and the "Museum Passport" from www.shagbark.org or call 618-242-5079, ext. 116 to request.

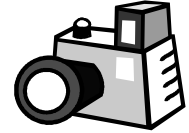
Photography Digital-style is a great late-summer opportunity to put you in the mood to get back to Girl Scouting. Are you a camera bug? Bring a digital camera, notebook, bottle of water, and pencil to Jefferson County Historical Village (JCHV) and join professional photographer Amy Newell for a fabulous photo-adventure on the grounds of JCHV. Especially for Girl Scout Juniors, girls will learn photography basics, capture some beautiful landscape shots, enjoy the historical displays/buildings, and hiking trails. Go home with a camera-full of photos to tell a story in pictures. Applies toward Camera Shots badge.

When: July 14, 2009. 8 a.m. – Noon. (Rain or shine, dress appropriately.)

Cost: \$4.00 per girl.

Location: Jefferson County Historical Village, 1414 27th Street, Mt. Vernon, IL.

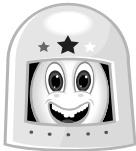
Min/Max: 8/15. (Use Program Event Registration Form)



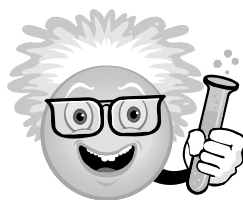
Girl Scouts Connect with Science & Technology

Summer Space Adventures, on your own, at Challenger Learning Center – St. Louis (Ferguson, MO) or Challenger Learning Center – Paducah. Please check out the summer calendar by visiting CLCPaducah's web site www.clcpaducah.org or call (270) 534-3101 and go to CLCSt. Louis' website at www.clcstlouis.org for a calendar of events for this summer. Watch for special CLC Girl Scout programs to be offered in our next program guide

(2009-2010). You might want to think about planning a troop trip to earn the "Council's Own Badge, Space Travelers" at CLC Paducah in the fall!



The Science Center of Southern Illinois –University Mall in Carbondale across from the food court! Admission is \$3.50 adults and children. A great place to visit with Girl Scout friends or family and have fun with hands-on science experiments and interesting exhibits. Summer programs open to members and the public include Kaboom Science July 20-24, Super Structures July 27 – 31, Science Explorers August 3 – 7, and Silly Science Saturdays! Please contact Pam Madden at (618) 529-5431 or e-mail thesciencecenter@hotmail.com for hours of operation and registration details. (Also qualifies for Museum Passport Program.) Watch for special Girl Scout Programs to be offered at The Science Center in our next program guide (2009-2010.)



Girl Scouts Take Action on Healthy Living

Red Cross Baby-Sitting Certification is back by popular demand, designed for Girl Scouts ages 11 and older. Because you care . . . prepare. This course provides what you need to know about being a responsible baby-sitter. You learn how to interview for a baby-sitting job, choose safe, age-appropriate toys, perform first aid, diapering and feeding techniques, how to handle bedtime issues, and more!

When: Saturday, June 13, 2009. 9 a.m. – 2 p.m.

Cost is \$30 (includes kit, training, and certification).

Must Brings: Sack lunch with drink. Your own doll to practice CPR.

Location: Girl Scout Service Center, Mt. Vernon, IL.

Min/Max: 10/25. (Use Program Event Registration Form)



Health Advocates: Summer Specialty Workshops (Formerly called Health Ambassadors)

Wanted! Health Advocates to plan/lead hands-on activities at the 2nd Annual Walk & Health Fair scheduled for September 19, 2009. (See information flyer in this issue.) Health Advocates who facilitate a hands-on activity on September 19th will attend at a special half-price fee and should note their “intent to help” on the event registration flyer to be eligible for the special fee.

Health Advocates are girls ages 14 and older who have an interest in exploring careers in health care and want to make a difference by promoting healthy habits. Attend the Specialty Workshops and learn how to help younger Girl Scouts with Try-It patch activities such as “*Eat Right, Stay Healthy, Healthy Habits, Make it, Eat it, My Body, Safety Sense, or Sports & Games*” or Junior badge activities such as “*First Aid, Safety First, Girl Sports Sampler, Environmental Health, Food Power, Fun & Fit, and A Healthier You.*” Summer Specialty Workshops will be geared towards helping girls plan hands-on activities to provide in their own area, as well as, at the ***Living Healthy Going Green Expo on September 19.***

When: Saturdays June 20, July 18, August 15, 2009. 9 a.m. to Noon.

Cost: \$6 (includes 1, 2 or all 3 workshops plus healthy snacks).

Location: Girl Scout Service Center, Mt. Vernon.

Min/Max: 10/25. (Use Program Event Registration Form)

To Your Health Honor Points Program continues this summer. This program was extended to August 15 for those who want to be eligible for the Honor Points Program awards to be announced at the Healthy Living-Going Green Expo on September 19. Please see Honor Points program information and report form included in this issue.

To Your Health Honor Points Program – Summer Alternative. If you were not able to participate in the year round honor points program, you can still work on the “TYH Summer Alternative” and earn “advance” points on your own this summer to apply towards the troop/group 2009-2010 honor points. A maximum of 10 advance points can be used towards next year’s totals. There are six different ways to earn TYH Summer Alternative advance points:

1. Complete one health-related badge/patch activity.
2. Read a book on sports, eating healthy, medical condition, or health issue.
3. Research a health topic on the Internet.
4. Help with a local health fair.
5. Walk, ride, swim, or play ball and log your daily activity July 1 – August 31.
6. Gather names/signatures of people who sign on to the Girl Scouts “Better Me” Pledge.

Walk Across Illinois. Open to anyone interested in promoting health and fitness. Visit www.walkacrossillinois.org or call (312) 814-5220 to register and you will be able to track your own miles throughout the summer. Once you reach 167 miles, you will get your name posted on the web site and receive a certificate of achievement. Start today and finish by the end of summer. Summer camp is a great way to walk several miles a day! Have you signed up yet? Once you complete your miles, you can earn the exclusive Walk Across Illinois Patch for Girl Scouts. Order your patch by contacting Emily Stanley at (618) 692-0692, ext 111 or email estanley@riverbluffs.org.

AVA Walk Together 2009. For all Girl Scouts and their families. American Volkssport Association Illinois Trekkers have invited all Girl Scouts to join them in their 2009 Walk Together. Each girl gets a patch and this walk also applies towards the Walk Across Illinois patch.

When: Saturday June 6th. Check-in 9 a.m. to 10 a.m. Walk should finish by 3 p.m.

Cost: \$5 per girl.

Location: Mascoutah, IL during Ice Cream Festival.

Min/Max: No minimum/Maximum of 100. For questions or to register, please contact Emily at estanley@riverbluffs.org or Sharon at smiller@riverbluffs.org.

Girl Scouts Connect with the Environment

Crab Orchard National Wildlife Refuge & Visitor Center is your stop for outdoor recreation and connecting with the environment this summer. Located at 88858 Route 148, Marion, IL, the Wildlife Refuge provides numerous programs appropriate for Girl Scouts, including Refuge Adventure for Girl Scout Daisies, Brownies and Juniors to earn the Crab Orchard Wildlife Refuge Badge or Try-It (\$4 per girl). For more information about the calendar of special events, please call 618 997-3344 or check out the Crab Orchard web site at <http://www.fws.gov/midwest/craborchard/>.

Explore the Seasons Patch Program is designed to put you outside this summer and each season of the year! The four seasons patch segments fit together. Please go to www.shagbark.org/program and click on patch programs for patch requirements and the patch order form.

Environmental Education. Eco-Girls can connect with the environment learning new ideas for educating younger Girl Scouts on the environment. Eco-Girl summer program opportunities are provided through the Girl Scouts network of environmental education partners. Eco-Girls can provide program assistance for younger girl troops in their area. You can find the entire list on a separate page in this issue. The activities may apply towards the Wildlife and Outdoor Survival Interest Projects (Girl Scout Cadette, Senior and Ambassadors). If you are a Girl Scout Junior or Brownie Troop working with Eco-Girl Program Assistants or on your own, you may want to check into an ***Environmental Education Opportunities listed on a separate page*** for a special summer get-together, applying the activities towards Earth Connections and Eco-Action Badges, or Eco-Explorer or Outdoor Adventurer Try-its.



Shawnee National Forest provides adopt a trail opportunities and other Girl Scout programs. Contact Jennifer Sublett at 618-687-1731 to learn more about the Adopt-A-Trail patch, trail service projects, and general programs or hiking opportunities. Your eco-connection starts at the Mississippi Bluffs Ranger District, 2221 Walnut St. Murphysboro, IL 62966. Call to arrange your troop's visit.

Touch of Nature Environmental Center providing programs for Girl Scout Brownies, Juniors and Cadettes this summer! Exact dates to be determined based on interest. Programs include **Water Wonders** (Brownies, \$15/girl including Water Everywhere Try it), **Water Exploration & Paddling Day** (Junior \$18/girl, including Small Craft and Water Fun badge activities), and **Survivor!** (Cadettes, Seniors and Ambassadors 1-day version of popular summer camp session, \$25/girl, includes Outdoor Survival IP). Please contact Sheila at (618) 242-5079 ext 116 or sforristall@shagbark.org for details and schedule. (Use Program Event Registration Form)

2009 Summer Fun Patch Order Form

Complete and return this form to receive your 2009 Summer Program Patch.

To earn my 2009 Summer Program Patch,
I attended/completed: (check all that apply)

- Girl Scout Night at the Rent One Ballpark
- Girl Scout Family Camp
- Museum Summer Passport Program
- Recycling Patch or Explore the Seasons Patch
- To Your Health Honors Point Program
- Regional Day Camp
- Walking Activity
- Environmental (Crab Orchard, Shawnee Forest, Other)
- Camp Cedar Point Resident Camp

of Patches Needed: _____ (One per girl per summer)

Adult signature _____

Did an adult help you do any of these activities?

Yes No

Did you complete your activities alone or with a friend?

Alone With friend

Did you learn anything new?

Yes No

Please describe something you learned this summer:

Mailing address: _____

Address City State Zip

Girl Scout Troop # _____ Phone _____ Email _____

To receive your free patch, one per girl, please return this completed form by October 1, 2009 to:
GSSC, 4102 South Water Tower Place, Mt. Vernon, IL 62864

Girl Scout Family Camp Registration Form
July 31 – August 2, 2009

Complete and return this form with payment to: Girl Scouts of Shagbark Council, 4102 S. Water Tower Place, 62864. Firm deadline: July 17, 2009

Accommodation Preference (Mark 1st & 2nd Choice:
 Hogan **Platform Tent** **Pitch Our Own Tent**

Name(s) of registered Girl Scouts participating: _____

Name(s) of adults participating and relationship to girls: _____

Other siblings participating and ages: _____

Mailing Address: _____

(Address) (City) (State) (Zipcode)

Day Phone: _____ E-mail Contact: _____

Any dietary or other special needs: _____

Family Physician: _____ Phone: _____

Emergency Contact: _____ Phone: _____

We would like to stay near the following family if possible:

Payment Information

Girls ___ x \$35= \$_____
(Registered Girl Scouts)

#Others ___ x \$45=\$_____
(Non-Registered)

Total Payment Enclosed:
\$ _____

Please send me
information on financial
assistance for my Girl Scout.

Adult Signature: _____ Date: _____

Payment can be made in cash (in person only), check, or credit card.

Please make checks payable to Girl Scouts of Shagbark Council.

For credit card option: Card # _____ Exp.Date: _____ Code: _____

Name on card: _____ Check one: MasterCard ___ Visa ___ Discover ___

Please send completed form and payment by July 17, 2009 to:
GSSC, 4102 South Water Tower Place, Mt. Vernon, IL 62864